



Plymouth
First Baptist Church

Hope is found here.
Psalm 39:7

Newsletter September 2021

Dear Brothers and Sisters in Christ,

“No amount of guilt can change the circumstances of your past. No amount of worry can change the circumstances of your future. Only what you choose to do today can change your tomorrow.”

This is a version of a quote that I heard on a workout video recently. The instructor was attempting to inspire those participating that the work they are putting in today will have effects both now and in the future for the good. She was also reminding participants to take control of their thought life.

We are living in some tough and challenging times however, many of the barriers we face are self-built. Faulty, limited, horizontal, faithless thinking can construct high walls in our lives. Negative self-talk can absolutely paralyze us! As you may know, Sherri is a workout person- an athlete. I on the other hand, well...you know. But we follow the same plan and enjoy working out together. Exercise does make a person feel better and promotes a positive outlook. And we call use more of that right now.

Remember the song, “Don’t Worry, Be Happy?” Bobby McFerrin released it way back in the time of the dinosaurs, 1988. If you know it, you are already singing in your head, and probably will for the rest of the week. *“Here’s a little song I wrote- You might want to sing it note for note- Don’t worry be happy. In every life we have some trouble, but when you worry- you make it double- Don’t worry be happy...”*

That is great advice. Worry cannot change anything for the good- but it can make everything worse! Did you know the original word for worry in the Greek New Testament means “to strangle or choke?” That’s right, and if you think about it- when we are given to worry, that’s exactly what happens- it strangles our joy, it robs us of sleep and peace and can even rob us of life itself. This is a worried world, but Jesus told us not to worry. He asked the question, “Who of you can add one hour to your life by worrying?” The answer is that we can’t and in fact it robs us of hours of enjoying the time we have. Let me encourage you, “Cast all your anxiety on him (the Lord) because he cares for you.”

1 Peter 5:17

Don’t worry. Be happy! These are challenging days, but God is in control and a joyful heart is good medicine!

Pastor Paul

Rev. Paul T Harrington
Senior Pastor
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NORTH CAROLINA STATE MISSIONS OFFERING

We begin our offering on
Sunday, September 5, 2021.

Goal: **\$1,000.00**

MARK YOUR CALENDAR

The Food Pantry truck is scheduled for Friday, September 3 at 9:15 am. Help with unloading is greatly appreciated.

We will observe Communion on Sunday, September 5.

There will not be a Men's Breakfast in September.

The Deacons will meet Monday, September 20 at 7:00 pm in the fellowship hall.

FALL LADIES' BIBLE STUDY

The Bible study led by Mary Kay Bradshaw will begin Monday, September 13 at 10:00 am in the fellowship hall. The study will continue until the end of October.

MENS BIBLE STUDY

There is a Men's Bible study on Servanthood beginning Monday, September 13 at 10:00 am in the Craft Room with Jim Sawyer leading.

WEDNESDAY BIBLE STUDY

We will begin Wednesday Bible study on September 8 at 6:45 pm. in the fellowship hall. We will not have supper, but a light snack will be provided.

YOUTH BIBLE STUDY

We are excited to begin a new study for the youth beginning on Wednesday, September 8, at 6:30 pm.

We will be watching the series "Joan of Arcadia" and discussing one episode per week.

"Joan of Arcadia" is a drama that follows Joan Girardi, a typical sixteen-year-old girl. Not only does she have to navigate sometimes difficult family situations, but she also finds herself meeting people who introduce themselves to her as God and then giving her specific directions to do things.

Unsure of what God wants-if God exists-and if she's even sane, Joan tentatively follows God's cryptic directives, all the while trying to maintain a normal teenaged existence.

We believe that the insights gained from this series will make a difference in our youth's walk with God, and we encourage them to attend!

Scott Bradshaw

HAPPY ANNIVERSARY

*Kyle & Lindsey Modlin
9/12*

HAPPY BIRTHDAY

*Laurie Bland 9/1
Cecilia Spruill 9/1
Katlynn Stotesberry 9/3
Tracie Wildman 9/3
Nevis Leary 9/5
Megan Spain 9/6
Sam Rogers 9/7
David Carraway 9/7
Leroy Bland 9/8
Jordan Brown 9/9
Charles Spruill 9/10
Sue Smith 9/13
Terry Thompson 9/17
Frances Lucas 9/18
Steve Barnes 9/24
Brenda Bullock 9/25
Celia Davenport 9/25
Tim Elks 9/27
Lydia Ruth Griffin 9/29*

COMMITTEE SIGN-UP

These are the committees that still need volunteers: Finance Committee – 2 positions, Ordinance – 1 position, Buildings and Grounds – 3 positions, Scholarship – 2 positions. If you would like to join any of these committees, please call the church office.

Appalachian Coalfields Ministry

The Baptist Men are collecting items for backpacks for the Appalachian Coalfields Ministry. The backpacks will be given to children ages 3-14. Age groups include ages 3-5, 6-9, and 10-14.

Items needed are:

1. School supplies such as crayons, notebook paper, pencils, pens, composition books, folders, rulers, and erasers.
2. Small items of NEW clothing such as winter hats, gloves, socks, and underwear.
3. Small POP-TOP canned food such as ravioli, tuna, beef stew, vegetables, and fruit.
4. At least one NEW age-appropriate non-breakable toy (no toy guns please).
5. Toothpaste, toothbrush, soap, washcloth, brush or comb, shampoo, and deodorant.
6. Individually wrapped candy (no chocolate, as it may melt).

You can give monetary donations also. Please designate "Backpack Ministry."

The backpack may be the only Christmas present this child receives, and it will be a witness of Christ's love. Please consider helping us with this ministry. This year our goal is 100 backpacks. Donated items can be placed in the box that will be in the hallway outside the church office. Thank you for helping us with this project. All donations should be in by October 21. We have backpacks available at the church if you would like to fill your own.

Please follow these instructions if you plan to fill your own backpack:

Age Grouping and Labeling. Each backpack should be labeled boy or girl as well as the appropriate age. Age groupings for this year are **4-7, 8-10, 11-14, 15-17**. Due to labels falling off in previous years, we went to a ribbon system for labeling last year, and it proved to be very effective. Each backpack will have two 10 inch ribbons tied to them - one to indicate gender and one for age, as follows:

Gender:

Blue ribbon will indicate a boy's backpack.

Pink ribbon will indicate a girl's backpack.

Age:

Yellow ribbon will indicate that the backpack is for ages 4-7

Green ribbon for ages 8-10

Red ribbon for ages 11-14

White ribbon for ages 15-17.

MISSION OPPORTUNITIES

BLESSING BOX

Please continue to support our Blessing Box. It is being used to help those in our community who are in need. Almost daily, people are taking and/or leaving items in the box. It will take the efforts of all of us to keep it supplied. You can either place your items in the box or bring them into the church office. Also, the Gail Hardison Circle has a box in the vestibule that you can place items in on Sundays.

BENEVOLENCE FUND

This fund helps people in the community and our own church family with whatever needs may arise, such as light bills, fuel oil, medicines, and food. There is so much outreach right here in our own backyard and this fund helps us do that.

MILE OF PENNIES

Thank you for your support for our Mile of Pennies. **We have just completed our 38th mile!!** Remember, it takes \$844.22 to complete a mile. When we give to this ministry, we are helping to care for the children in the North Carolina Baptist Children's Homes. Thanks for giving!!

PLEASE REMEMBER IN YOUR PRAYERS

CHURCH FAMILY: *The family of Annabel Knott, Andrew and Kacey Noell in the loss of their daughter Ellie Mae, Bill Sexton, Renee Sexton, Denise Nobles, Hulan Williams, Harry Ward, Robert Dickerson & Phyllis Dickerson, Tracie Wildman, Marguerite Sexton Hart, Kristie Nicholson, Faye McCombs, Oliver and Frances Lucas, Barbara Peyton.*

OTHER CONCERNS: *The Family off Wayne Woolard (Brother of Carolyn Boyd and Phyllis Dickerson), Nyal Watson, Christi Rogerson, Vicki Livingston, Francis Ward, Betty Brake (Aunt of Steve Barnes), Baron Chamblee, Waylon Rogers (Son of Wade Rogers), Mae Oliver, Keith Sawyer, Jonni Kephart, Don May, Sue Owens, William Sexton, Alfonzo Boyd.*

NURSING HOME RESIDENTS: *Three Rivers- Christine McMurtrie #208, Sandy McMurtrie #407; River Trace Nursing & Rehab Center, Washington- Pauline Humphreys #418; Roanoke Landing- Alice Dotson #209, Tim Elks #315; Chowan River Nursing Home-*

Dearest FBC Church Family and Bereavement Committee,

The Family of Claudia Beacham would like to thank each one of you very much for all the cards, flowers, and food given by so many. Also, a big thank you for the social following Moms memorial service by the Bereavement Committee, and all the kind expressions of sympathy shown to our family following Mom's passing. Your love and support at this difficult time was very much appreciated and of great comfort to us all. We are so blessed to be part of such a loving church family.

Sincerely,

The Family of Claudia Beacham