## Welcome to Plymouth First Baptist Church The Lord's Day, February 14, 2021

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, <sup>2</sup> fixing our eyes on Jesus, the pioneer and perfecter of faith. Heb. 12:1-2a

## 10:50 AM Church Family Announcements 11 AM Morning Worship

Prelude		B.J. Lyle
Welcome and Prayer		Pastor Paul
*Scripture Reading	Psalm 50:1-6	Pastor Paul
*Praise Songs	"Rejoice in the Lord Always" "His Name Is Wonderful"	
Children's Sermon		Pastor Karen
Special Music	"Love Is Surrender"	
Scripture Reading	Mark 9:2-10	Pastor Paul
*Hymn	"He Keeps Me Singing" vv. 1,3,5	Page 746
Pastoral Prayer		Pastor Paul
Ministry in Music	"Love Medley"	
Sermon	Spiritual Progress part 2	Pastor Paul
*Hymn of Invitation	"Like a River Glorious" vv. 1,3	Page 737

" \* " indicates he congregation should stand.

You are welcome to use the church wi-fi! The password is—psqvcvk4xr3cf5

# SERMON: Spiritual Progress part 2

 	uke 10: 38-42; Ecc. 3:9-14; Heb 4:16				

### 5 Ways to add laughter to your life. (excerpt)

- **1. Take Time to Laugh** "For everything there is a season, and a time for every matter under heaven: a time to weep, and a time to laugh. Ecc. 3:1, 4. Talk to a friend with a good sense of humor, retell a funny story from the past, spend time around children or pets is typically a surefire way to ramp up the laughter.
- **2. Share Joy** "A joyful heart is good medicine, but a crushed spirit dries up the bones." Prov. 17:22 Don't keep joy to yourself. Share the "good medicine" of a joyful heart with others. Have you brought joy or laughter to someone today? If not, think of a way you can make one person laugh. It'll bring joy to both of your hearts.
- **3. Lighten Your Load** Blessed are you who weep now, for you shall laugh. —Luke 6:21b King David once wrote about it this way: "You have turned for me my mourning into dancing; you have loosed my sackcloth and girded me with gladness" (Psalm 30:11). Feeling burdened today? Ask God to lighten your load.
- **4. Savor Surprises—And Don't Be Afraid to Laugh at Yourself** *And Sarah said, "God has made laughter for me; everyone who hears will laugh over me." And she said, "Who would have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age."* —Genesis 21:6-7. Abraham's wife, Sarah, waited 90 years to become a mother. Thinking there was no way she could provide a family heir herself, she was downright dumbfounded when told she would have a son. She had to laugh out of pure joy. Think of a time when *you* were pleasantly surprised by God's timing.
- **5. Expect Great Things** Then our mouth was filled with laughter, and our tongue with shouts of joy; then they said among the nations, "The Lord has done great things for them." —Psalm 126:2 When God led His people out of captivity and brought them back to their homeland, they were so relieved and thankful that they laughed and shouted for joy. After spending 70 years as captives, one of the first things they did was build an altar and worship God. Keep an eye out this week for the great things He is doing in your life, then take a moment to thank Him for it. 'A Time to Laugh': 5 Ways to Add Laughter to Your Life (billygraham.org)

#### FIRST BAPTIST CHURCH

PO Box 400 –Plymouth, NC 27962 <a href="www.firstbaptistplymouth.org">www.firstbaptistplymouth.org</a>
Senior Pastor – Rev. Paul T. Harrington
Min. of Children, Youth & Education - Rev. Karen Pruette
Choir Director – Scott Bradshaw; Organist – B.J. Lyle
Deacon of the Month: Russell Lee; Office Administrator- Danita Davis

